

# Conversation Starters in the Kitchen with Your Preschooler



- Good Morning (child's name) —I love you!
- What should we have for (name meal/snack)?
- I am feeling (emotion) today—how are you feeling?
- Let's sing (nursery rhyme) while we are waiting for the (food name) to be ready.
- Let's set the table for (meal/snack). What will we need to put on the table?
- Let's count how many times we are stirring the (food).
- What was your favorite thing that happened today? Mine was (talk about something that you did).
- I like the story (favorite book). What book would you like to read?



Huffer Memorial Children's Center  
2000 North Elgin Street  
Muncie, IN 47302  
765-289-0409  
[www.huffer.uwctl.org](http://www.huffer.uwctl.org)

bornlearning™



United Way of Madison County, Inc.  
1201 E 5th Street, Suite 1019  
Anderson, IN 46015  
765-643-7493  
[www.unitedwaymadisonco.org](http://www.unitedwaymadisonco.org)



A Parent Information  
& Resource Center  
funded by the  
U.S. Department of Education,  
Office of Innovation and  
Improvement

The Indiana Partnerships Center

921 E 86th Street, Suite 108  
Indianapolis, IN 46240  
866-391-1039  
[www.fscp.org](http://www.fscp.org)